



**Aghoreshwar Baba Bhagwan Ramji**

---

**thus spoke Aghoreshwar on:  
Prerna ( Inspiration)**

1. One who does not have any love for living and active beings, cannot have any love for the God of stone sitting in a temple, or the formless God of the mosque.
2. When human being learns how to live, he learns what to do very naturally. And when he learns what to do, then he knows everything. But if he does not learn how to live, and keeps it all only to the extent of speaking or philosophizing about it, and he does not bring it into action, then that person's mind remains very unstable. It is so unstable that he keeps wandering day and night. He wanders in his sleep, he wanders while awake, he wanders while sitting, and he wanders when he gets up. He wanders while wandering too. He never becomes stable. Neither that Great creative energy arrived at his door, nor enter.

3. Haven't you heard, it is due to their words that people get admonished, it is because of their words that people get treated well, and it is through their words that they are able to please even the divinities.
4. As long as you keep listening to your elders, remain in the service of your old people, remain united, you will keep prospering, you will be well - you will be happy. And when you begin to ignore them, when the youth begin to neglect them, they (the youth) will begin to encounter destructive people and you will become forced to live like forest dwellers again.
5. "I am very clever, I dominate everybody, I befool everyone, I make everybody look down." We should not even look at such hateful actions, nor should we be forced to do such things.
6. Arrange your bouquet with flowers of many different kinds.
7. Life is short. Do not be so ready to burn in the fires of envy, jealousy, and animosity.
8. If we have limited needs then our mind gets absorbed and dissolved in but a little happiness, a little prosperity, in a little meditation and a little contemplation. And that soul of ours whom we address as God or the Divine Mother, that too, we will actually experience, as if a vibration is coming to us from That. But this becomes easily available only when you minimize the hunger of your senses and sit in solitude for ten or fifteen minutes, or half an hour. When you sit in this way in meditation, in contemplation, then when you think about someone, or you look at the world, you will see everything there right in front of your eyes.
9. Friends, if you desire respect and prestige in society, then make sacrifices and undertake to do difficult actions. The sacrifice and austere action is only this -- that if you should not be in the company of undesirable people, then do not do it.
10. One who speaks sweetly, who sees God everywhere, is a jewel of mine.
11. The many kinds of wrong actions that we end up doing, those actions we will have to give up. Then only can we walk on the right path, and by walking on the right path reach that place where all great souls have fulfilled the ultimate goal of their life.
12. Today human beings contemplate on Rama, Krishna, Shiva, saints and Mahatmas, but do they ever contemplate on themselves? Until the time a human being shows kindness to himself, until the time he makes an effort to prevent himself from falling in filth, all his worship and meditation is useless.
13. We should not deceive ourselves with our mind, words or action. We should show kindness to ourselves.
14. If we keep getting together, keep meeting together, keep inspiring the youth, and keep respecting women, we will prosper. In so doing we will keep up our struggle with unwanted

customs and traditions. If we have a program before us, if we will remain at work within us, then we will do nothing wrong.

15. People live to fill their bellies, earn to eat, and this will continue the whole life long. What will our rebirth be like? We will have to make a decision regarding that. If there is no rebirth, even then we will have to pay in some way. We have to think whether we are making that payment or not. Otherwise it is possible we may fall into a despicable place.

16. We may see darkness in our life, but the light is about to arrive.

17. We must learn how to walk, how to sit, how to rise, how to be courteous, how polite to be, where to sit, where to rise, how much to talk and to whom, how much to, how much not to, how to stand in the prayer hall while praying -- how to stand in the prayer before the divinity, how to pray to our ancestors, how to meet with young people, and how to behave with children.

18. We will have to protect ourselves -- then only can we be protected.

19. If a tiny particle of grass or grain of sand gets into our eyes then all that we see -- the entire panoramic view becomes invisible. We cannot see anything. Then the person blinks. And when that tiny particle is removed, that great panoramic view becomes visible again.

20. If suddenly God, or the Divine Mother comes physically before our eyes -- suppose they did -- in the form of a human being, they would not ask you to avoid your duties, or to sit on a riverbank and just keep saying your rosary. They would say only this: be of service to the beings on this earth; especially be of service to human beings. Serve them, help them, feel their pain as your own.

21. To say, we say many things; to hear, we hear many things; to read, we read many things. But this all is like trying to catch a shadow. It runs before us as we chase it, just beyond our grasp, and we are ultimately led to fall into a ditch. Our gurus say this: Turn around. Then, this world like a shadow will begin to follow you.

22. Within us lies deep happiness and joy that we have forgotten. Rather than make the effort to find it, instead we become engrossed in the many tasks we have. We do not even try.

23. Your life should not be one of contention. It should be peace loving. May there be peace everywhere.

24. Food and water, movement, sleep..these things are available to all living beings. Of all the beings we have the opportunity to be different, and it is possible only in this human form. That is why we should try to make the best of this human life. And to make the best of it, worship yourself.

25. Amongst Hindus, on becoming pregnant, women never used to commit any wrong act. For nine months the mothers-to-be involved themselves only in deep thought and very respectable, pious deeds. They used to serve the guests, the Mahatmas, the great souls, their parents-in-law, so that their progeny might be an ideal person. And if there was anything negative in that child, it denoted a lack of refinement. And how did that lack of refinement come about? It was a gift from the parents to the child.
26. Whenever a child comes into the womb, when that soul arrives, one should behave very nicely with his wife. He should leave her free to conduct works of charity, pious acts, meritorious acts, for nine months. One should not have a physical relation with her for that time or the child can produce distortions later. It can also turn out to be a lineage-destroyer, a destroyer of the whole family. That child then becomes a curse. Its whole life is then a curse for itself and for others too.
27. The more gently and softly you speak to your children or spouse or brother, the faster they will be able to understand. But if you just start yelling at them, neither will they understand, nor will you succeed in making them understand.
28. You must have seen this at some time: if you try to explain something to children in anger, the child will not be able to understand. In anger even you may not be able to understand what it is that you really want to say or explain. On the other hand, if you are free of anger and speak slowly and gently, the child understands immediately.
29. Where we have to give, let us give a bite to eat to someone, and where we have to take, let us take the name of God. Contemplate on the Self, and keep performing everything through your strength. From within, we should remain steadfast at that one place.
30. The person who gives up harsh words can make anyone, even birds and beasts, his friend. When you have a gentle heart, a soft heart, your voice will become very sweet. It cannot be described through speech.
31. Nobody takes anything away with them at death. Not even a needle do they take with them.
32. Don't you see? The more a person uses sweetness and patience at home, the more his family prospers and flourishes. Everyone remains very gentle. But the one who takes harsh action, uses harsh words, harbors bitter thoughts, his life remains rough and full of discord.
33. Keep a critic close by. He can tell us our weaknesses. Our friends cannot.
34. If you want to learn something from your divinity, from your guru, or from your teacher, then you will have to follow their guidelines so that you will learn it and not go and do something quite different.

35. That, which you think is lost in deep darkness, is actually right in front of you.
36. The acts of human beings at night do not look good during the day, and their bad deeds of the day do not let them sleep without dreams at night.
37. Darshi! We will have to go beyond light, we will have to go beyond capabilities. We will have to transcend even the limits of the limitless. We will have to reach that place from where there are no roads, no paths, not even little trails.
38. Only service to yourself can also be service to others.
39. God has given us two hands to respect others and to help others. If we cannot help and respect others with these then at least we can do so for ourselves. These two hands are not meant to sling mud at others or to throw stones at them.
40. There are only four things in your life and it is not necessary for you to remember all four of them. If you want to live like a fortunate person then two things -- that is, the good that you may have done to someone, and the bad that someone may have done to you -- forget both forever. The other two -- first, God, and second, death -- always remember.
41. Practice to recognize the distinction between the human and the demon.
42. If you stop on an auspicious way the distance gets lengthened. Do not stop on the auspicious path; keep walking.
43. The ideal behavior is away from either scholarship or erudition.
44. Without effort and self-confidence human beings cannot achieve either worldly progress or other-worldly progress. For worldly progress education is required and for other-worldly progress initiation is. If you have the unshakable faith of knowledge and a foundation of experience, then even the most difficult practice becomes very easy.
45. Have faith towards devotion, and also have faith towards the creative energy. Because without devotion you will not achieve creative energy, and without the creative energy you will not be able to have devotion.
46. You should not keep yourself empty. Keep yourself full. To keep yourself full move steadily towards the many good goals that arise before you. By doing so you will leave all the bad ways behind and you will keep finding the good path.
47. Also, keep the company of saints, evolved beings, and good people, but only after testing them well. Even amongst them you can find some very strange people. If you just go by their beautiful clothes, their matted hair or beard and mustache, you will get into illusions.
48. If your posture and style of sitting in front of your guru, your respected people and your

elders is proper then you will understand every word of what they say to you, and they will always remain in your memory.

49. We should do something only after considering well where we have to go and where we do not have to go; whether by going or doing such-and-such we will lose our good character; finally, whether we will lose our self-control.

50. If you do a good deed quietly then that task has a long life. Its roots go very deep. It is for the welfare and happiness of all. It bears fruit everyday, in all countries, and in all periods.

51. Speak the truth; it will give you strength.

52. Good action is for the good of everyone, for the benefit and happiness of everyone, and it will be for your happiness and benefit as well.

53. I hear that nice fruits are to be found on the tree of contentment.

54. Householders should treat their children over 16 years of age as friends. If they do not do so then they give birth to terrible difficulties.

55. The house and family that remains united, everyone wants to become their friend. They do not have any enemies. Nobody even thinks of picking a fight with that family. It is an effect of the power in being united.

56. Friends! Your presence indicates that happiness which will inspire you towards good days in the future. It happens in the life of every being, and it will happen in your life too. Your desire to enter something new, to find something new, and your desire to make changes in the fundamental rules of this life through your actions, are very praiseworthy. You used to have many kinds of sorrowful dreams, and their end is coming near. You should try eagerly to follow the good days.

57. For your bright future you will have to separate your present from your past.

58. You will have to look for peace within yourself.

59. If we save ourselves from deceiving ourselves, then we can save everything. If we stop closing our eyes to the reality, we can see everything.



SRI SARVESHWARI SAMOOH, USA  
Sonoma Yoga Ashram

P.O. Box 950 1087 Craig Avenue Sonoma, CA 95476 USA  
PH 707-996-8915 FAX 707-996-0388

Send email: [info@sonomaashram.org](mailto:info@sonomaashram.org)

© 2004 Aghor Publications, all rights reserved