



**Aghoreshwar Baba Bhagwan Ramji**

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## **MESSAGE OF THE AVADHUTA**

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### **Letting go of the ego, embrace good moral values:**

Where there is victory, defeat is also right there; where there is defeat, victory is also right there. It is absolutely necessary to recognize the Self before recognizing victory or defeat. After recognizing the Self, the ego is dropped automatically. Giving up the ego, the Self becomes evident. Renouncing the world, practicing austerity, yoga and meditation in seclusion, etc. are not the only means to obtain God. As a matter of fact, a householder merely with the help of a clean heart is able to obtain God without much effort. The greatest sadhana of life is to live with good moral values. Living such a life enables one to enjoy worldly

comforts as well as closeness to God.

### **Great attributes of a meaningful life: Truth and Love**

As the nature of fire is to give heat, of water to give coolness and of food to bring satisfaction to the hungry - in the same way, the nature of a human being is to live with a friendly attitude towards others and to bring benediction to each other's lives. May the goal of each religion be to inspire human beings towards virtues; may the purpose of each human being be to establish a place for the Self in each other's heart. Problems in life are never solved by violence and war; truth and love are the best companions in life.

### **Yoga and Bhoga (experience of pain and pleasure) in life:**

There is nothing sinful or virtuous in the world; there is no pain or pleasure in the world. The world is as pure as fire and water. It is our sensory organs that produce sin and virtue, pain and pleasure, and human beings keep burning in the reflective fires of the senses. Yoga and Bhoga are not two but the same aspect of life. Without Bhoga, Yoga is incomplete and without Yoga, Bhoga is incomplete. The world is created on the foundation of Yoga and Bhoga. If either one is missing, life feels empty. Yoga and Bhoga compliment each other. Human life is like a shadow; it is transitory. It may cease to exist at any moment. May each moment of this transitory life be played on the strings of good deeds resulting in nectarous sounds enchanting each listener.

### **Seeing the self in all and good conduct:**

Shanti (peace) is the greatest constructive power of the Self, and ashanti (agitation) is the name of the force that destroys it. If permanent peace is established in the Self, there is no chance for ashanti (agitation) to surface. The Self is immortal. Victory or defeat has no significance for the Self. Perfect peace is obtained only by maintaining good values in life and seeing the Self in all.

### **Self-effort and dependence on God:**

Self-effort drives away wretchedness. Hatred and envy are the characteristics of human weakness. For the brave even the impossible becomes possible. Those who depend on God do not rely on the world.

### **God permeates everywhere in the world:**

Every particle of the world contains the essence of God. A realized being takes every particle of the world to be part of God. In order to establish closeness to God, O' human, it is a must to protect the determined dignity of each particle.

### ***Aham Brahmasmi (I am God):***

The God that you are searching for with such agitated determination, is within you. Forgetting the perception of I and You, may you obtain the Self and become a Brahmnistha (one with God). The sentiment of Aham Brahmasmi is beyond the limit of I and You.

### **Two wheels of the carriage of life:**

Happiness and sorrow are the two wheels of life. It is these two wheels that the carriage of human life keeps rolling on, day and night. Lack of either one of these brings the momentum of life to a standstill. O' human! Accompanied by these two, keep walking on this expansive path of life. This is your greatest valor.

### **Search for happiness in life:**

O' restless one, after worldly pleasures! The true happiness in life is found where there is renunciation. If you want the indescribable joy of life, first renounce various ills from within you. Do not turn your face away after seeing unpleasant things of the world.

### **Hope and self-effort:**

Everyone entertains hope. Hope is definitely an anchor for life. With the help of hope, arduous moments of life are passed with much ease. But O' human! For happiness and the necessities of life you must make some effort. If you hope only and do not make the effort, hopelessness settles in. And in hopelessness there is no anchor for life.

### **Peace in Life:**

The greatest mantra of life is "peace". It is on the foundation of peace that the palace of a happy life can be raised. If you wish for a happy life, minimize your needs. The true meaning of limited needs is a joyful and harmonious life.

### **Avoid the sweet fruit of the worldly tree:**

Infatuation and selfishness are two attractive and sweet fruits of the world-tree that easily entice the ignorant ones and turn them into wicked and cowards. O seeker! Fortify yourself in such a way that you may break but not bend toward these.

### **Who is poor?**

Seeker! A person who talks of big principles, reads various scriptures, claims to know many things but does not act on what he knows, is like that poor person who counts the money of others and develops the false pride of being rich.

### **Maintain an attitude of respect:**

Respect has a great importance in life. O' human! Have respect for everyone. If your enemy is in front of you, give him respect. If he is hungry, give him food, if thirsty, give him water. With your attitude of respect, his anger will burn away. The feeling of enmity will disappear and you will definitely be victorious.

### **Use of Guru-mantra in life:**

Just as weapons in an armory become rusted if not used and polished, so does the Guru-mantra lose its power if not maintained and used. Practice and use the mantra that your Guru has given to you for your growth. Make your mantra part of your behavior and use it in cultivating your life. Remember! If you do not use it, it will get rusted and this rust will never come out.

### **Keep smiling even in adverse circumstances:**

O' friend! Why do you get perturbed in sorrow? Sorrow is merely a shadow. Conscious beings experience sorrow. In reality, sorrow is a link of life. In its absence life does not become visible. Keep smiling and keep wading through adversities. This is life.

### **String of friendship:**

O' friend! This world is very expansive. True success is to lower it into the depth of your heart with the help of a string of friendships. Though remember it well! No one is either your friend in this world or your enemy. It is your behavior that creates an enemy or a friend. Therefore, maintain your behavior and bring such sweetness into it that the whole world may become your friend. May you be able to lower the whole world into the depth of your heart.

### **Stable love:**

O' human! Neither proclaim your love by beating a drum nor exhibit it too much in public. Love is a state of being hidden in the depth of the heart. Remember it well! The more secret the love is the more intense it remains.

### **Love is God:**

Bodily love is not love. It is infatuation and attachment. The true love is in doing away with the infatuation. Love of the Self is the real love. Go under the protection of the Guru of Self-love, who will show you the grand appearance of true love. That Guru resides in your heart. Search for that Guru in your heart and you will definitely find it. The day you find the Guru of love in your heart, you will come to know that it is love that is God.

### **Foundation of a simple life is love and harmony:**

If you want to live a meaningful life, move towards simplicity. The foundation of a simple life is love and harmony. Love and harmony has the power to neutralize all discord and to provide

inspiration. One who knows Brahman, after much arduous sadhana, receives such inspiration.

### **The Divine moment:**

The moment that has just passed with contemplation on the Self is called the Divine moment. The path shown by this moment of contemplation is the Divine path.

### **True health:**

A betrayer of dharma has life-less conscience. The wicked one has a sick conscience. The greedy person's conscience is lazy. On the other hand, the conscience of a god-devoted person is healthy. O' human, if you want to maintain your health throughout your whole life, liberate yourself from vice, enmity, sinful acts and greed. This very world will appear to you to be filled with light, and with this light you will not only take care of your health but the health of the whole society.

### **Hunger for happiness gives birth to suffering:**

Have no cravings for happiness and sorrow will not come near you. It is the desire for happiness that becomes the cause for suffering. Desire in itself is an experience filled with suffering. That is why as soon as the desire arises, man begins to make the effort to fulfill it and remains dissatisfied until it is fulfilled. Therefore, O' man, keep your needs limited.

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### **The Lineage of Aghor Siddhas of Kashi (Varanasi)**

The timeless lineage of Aghor Siddhas of Kashi has been flowing like the Ganges of wisdom from time immemorial. Kashi (Varanasi) is known as the City of Shiva. This lineage of the Aghor Siddhas of Kashi has emanated from Lord Shiva himself. This lineage has produced unparalleled spiritual giants at various times. From the time of Aghor Bhairavacharya ( 5th-6th century) this lineage had continued in a sleepy state, as if embers under ashes. In the 16th century Baba Kinaram after receiving darshan with Bhagwan Dattatreya in Girnar mountains, awakened it for the welfare of the humanity at large - embers hidden under the ashes began to glow again.

In the presence of Baba Kinaram spontaneous relief was received by the suffering, answers to questions came automatically, and mind experienced calmness naturally. One would experience the higher Self merely by being in his presence. Baba Kinaram traveled far and wide in all the four corners of India and witnessing the suffering of people, engaged himself whole-heartedly in alleviating their suffering. Finally on the bank of the river Ganges in Varanasi, he established his dhuni (sacred fire) and continued his sadhana of service. The akhand dhuni (continuous burning fire) of Baba Kinaram fed by the leftover wood from the

nearby cremation grounds, and the samadhis (tombs) of all the siddhas of the lineage in the same compound, are witness to the continuum of this intact lineage of Aghor Siddhas. Today, this yoga-bhumi (land of sadhana) of Aghor Siddhas of Kashi (Varanasi) is called Kring Kund. The recorded history of the Siddhas who headed the seat of Aghor in Varanasi at Kring Kund after Baba Kina Ram established the Akhand Dhuni is as follows:

- 1. Baba Kalu Ram (Bhagwan Dattatreya)**
- 2. Aghoracharya Baba Kina Ram (16th century)**
- 3. Baba Bija Ram**
- 4. Baba Dhouta Ram**
- 5. Baba Gaibi Ram**
- 6. Baba Bhavani Ram**
- 7. Baba Jainarayan Ram**
- 8. Baba Mathura Ram**
- 9. Baba Saryu Ram**
- 10. Baba Dal Singar Ram**
- 11. Baba Rajeshwar Ram**
- 12. Aghoreshwar Baba Bhagwan Ramji**

In this lineage of Aghor Siddhas of North India, Baba Bhagwan Ramji emerged as an Aghoreshwar for our modern times. He was among us in his body, until 1992. Heeding to the call of our time, he gave a new turn to this safeguarded tradition of Siddhas and expanded its field of activity. He opened up and availed the teachings and practices of Aghor to the all sincere seekers.

Inspired by the teachings of Aghoreshwar, today there are over one hundred and fifty centers through out India and a few in other countries, actively engaged in the sadhana of service. Aughar Siddhartha Gautam Ramji is the mahantha of the Aghor seat of Varanasi (Kring Kund) today. Avadhuta Priyadarshi Ramji, Baba Gurupad Sambhav Ramji, Baba Savak Ramji and Baba Siddhartha Gautam Ramji are elder disciple monks of Baba continuing his work in India. A handful of other young monks of Baba are also in India engaged in their sadhana of service. Aughar Harihar Ramji is in the States.

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**Up coming events at the ashram:**

**Thursday, June 9th : [Ayurveda Education Day](#) - with Dr. Helen Thomas:**

The first of a series of 12 events: A year-long Ayurvedic seasonal process to heal & educate continues at the ashram. A day long seminar filled with Yoga, meditation, Ayurvedic cooking demonstration, lectures and clinical consultation - Please call the ashram for more information and appointments. 707-996-8915

**Guru Purnima: Thursday, July 9th**

Guru purnima (the full moon dedicated to the Guru) is one of the most important annual celebration at the ashram. It is observed in all the ashrams with much enthusiasm. On this occasion we celebrate the presence of the Guru in our lives. On this day people plan to visit their ashrams from far and wide and participate in the activities of puja, darshan etc. This is also a good occasion to meet other members of the ashram.

Please plan to attend and let the ashram know in advance if you are coming from out of town and need over night accommodation in the ashram. The celebration begins at 9:00 AM to continue through out the day with various activities and will end in the late evening after evening prasad.



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