

SRI SARVESHWARI TIMES

FALL 2006

*Look at yourself with utmost
attention.
In yourself you can find everything
in its wholeness, without lacking
anything at all.
Aughar vani, Avadhuta's wisdom*



Aghoreshwar
Baba Bhagwan Ramji

Thus spoke Aghoreshwar on Peace

Peace and happiness are achieved by exploring the Self. Listen to the voice of the heart. Listening to the mind full of desires can bring sorrow.



A life of moderation provides happiness and peace and generates great insight.



The prayers and meditations we perform never go to waste. In one form or another they bear fruit and we will achieve the supreme gift of limitless peace and contentment.



Peace is achieved by solitude in the quiet cave of the heart. It is not achieved by satisfying the senses.



Your life should not be one of contention. It should be peace loving. May there be peace everywhere.



Try to explain again and again to your mind that, "Oh mind, whatever you think, all

that is nothing. And what is not, is actually what it is. This you should understand. This is the truth. For the rest, all that you are understanding is all futile and untrue. Nobody has derived happiness from it. Nobody has derived peace from it.”



Peace is achieved by contentment in the heart. If you stay in a quiet, peaceful state for even two or three minutes, you will realize a new life. You will experience a new spirit.



First, you will have to look for peace within yourself.



Peace and happiness brings us face to face with everything -- that is, The Unknown.



Peaceful, united humans will never be defeated.

World Peace, You Can Make a Difference by Baba Harihar Ramji

Baba Harihar Ramji addressed a group of disciples and friends at the Sonoma Ashram on Sunday, April 30, 2006, with the following words:

Dear friends, as I travel around the country I see everyone is very concerned with world peace. Many have expressed their frustration and anger about the state of the world and not being able to do anything about it. Peace is a must for enjoying all the gifts and blessings that we are given. In my opinion, world peace begins with peace in each individual heart.



When we are peaceful, vibrations of peace are coming out of our being. When we are afraid, angry or desperate, vibrations of that particular nature are coming out of our being. These vibrations affect those around us and cause others react in a similar fashion. Thus we keep affecting the environment around us as well as the collective environment of the world in general.

Those of us who are living a conscious life have a responsibility towards world peace and have to look at our own contribution to the environment of peace. In order to maintain world peace, we have to be truly committed to it and should be willing to make some sacrifice in its name. This sacrifice could be as small as avoiding a situation of friction in our own individual life, thus saving our environment from additional vibrations of friction. Being willing to bow down, being willing to let

someone have more than what we think they deserve, being willing to smile when our surface mind is ready to react and set things right, are some examples of the sacrifice I am proposing to you.

Darkness is vast. When a match is lit in a room filled with darkness, the darkness is removed immediately. Our actions that are committed to peace affect the world in the same fashion. Please never underestimate your own power to make a difference in the world. Your way of being that is committed to maintain peace in your personal life is a great contribution to the world.

If you want to do more about world peace, please make sure you are not coming from a place of frustration, anger or revenge. First, you have to find a way to be in a state of acceptance and maintain your personal peace. Then any effort you make will have a positive effect in that direction.

As we enter into a season of sharing our love and blessings with our friends and family, let us take a vow of making sacrifices in the name of peace. Let us give the world a gift of peace this season. The world needs you now.

Namo Shanti

I bow to that Peace

that Presence in the form of Peace residing within you

which is not worth losing for anything

OM TAT SAT

OM TAT SAT

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