

# Greetings from Aghor Foundation

## May 2014

I want to introduce you to Avadesh, a young boy just arrived in the Ashram:



It happens that one of his younger brothers was suffering from a serious disease in both of his eyes. The doctor said that he needed surgery as soon as possible and that it would be very expensive. His father had no job, so Avadesh left his study in 9<sup>th</sup> standard and started to work as a laborer to earn money for the operation. One day, with the grace of Aghoreshwar, he came to work on our hospital building. When he saw the eye clinic he told us his problem. Dr Ivor checked his brother's eyes and said that if he did not have an operation within few weeks his brother would be blind forever. Under the care of Vision Varanasi and with the help of our friends Dr. R.K.Ojha and Dr Prashant Chaudhari (Eyesurgeon) he had the operation in a large hospital. Now his brother can see and will be able to start his studies again very soon. This inspires Avadesh to work for the Ashram. He will stay in the Ashram like other children, and he will restart his education from 9<sup>th</sup> grade.

- The Ashram is returning to normal after the floods of last September:
  - The flooding badly damaged the gardens, but now greenery is coming back.
  - We have also started repainting the ground floor murals.





## Bal Ashram foundation flood damage:



We have repaired the steps of ghat and the northeast corner retaining wall of the ashram .  
Much more foundation work remains to be done before the rains start this year.





## Yoga Retreat



Recently, the ashram organized a five day yoga retreat at the Ashram that included yoga, meditation, Reiki meditation and group discussion. It was a good experience for all.

Our boys Shiva & Vishwanath also participated in this program.



## Wheat & Rice collection



Every year we receive a donation of wheat and rice from our local supporters. This supplies the ashram for the entire year. The children and staff bring it in storage to keep it safe for use.

Babaji sends his blessings to Gyanshankar Tiwariji and Sonuji for their hard work to collect the grains.



## Ashram Daily Life



These days are the summer vacation so life in the ashram is a little slow. But boys are still following a good daily routine.

In the picture at left you can see everyone of the ashram family at morning tea time.

Here also are photos of the boys at yoga, sewa, arti, study and in the computer lab.



Study time





Sewa time



**An Outing:** One of our local friend's family (Mr. Om Prakash Srivastava) had invited our boys to his house on holiday. Five of the boys, Indra, Vijay, Gagan, Kashi, Darshan and Bharat, stayed at his house for a week. They enjoyed it.

Babaji sent his love & blessings to Mr. Srivastava for supporting the children.



## Memories



Wow, how fast time is going



## Spotlight on Shiva



**Shiva**, now 18 years old, arrived at the ashram at age of 5 years. He is in 12th grade at the Little Flowers house school where he is studying science. This year he has to go for Board exam so he is working hard on his study during summer vacations, and also taking extra coaching classes. His dream is to be a mechanical engineer. In his free time, Shiva enjoys working across the river at the Eco Park and playing cricket & Badminton. He is a player on his school's Badminton team.

Sponsor a child! Be a part of Bal Ashram's family



# Eco Park



This year we produced a good quantity of potatoes, onion and garlic in Eco Farm.



Green vegetables are coming every day from Eco Farm



## New Construction at Eco Farm

In Eco Farm storage is always a problem, so we decided to build a store room on first floor. That way we will get some extra space and can also place our water tank on the roof. Due to the height, we will be able to get enough water pressure to reach every corner of the Eco Farm. As you can see in the picture, the wall and the roof are almost finished. Plaster work and the stairs will also be finished in a few days. I hope that in next few weeks we will be able to put our water tank on the roof and store room will be ready for use.





## Vision Varanasi

The work inside and outside of the building is completed. Vision Varanasi Eye care home is now ready for use. To start performing cataract operations we need OT equipment. We invite people to come further for help.



## Anjali School

This is the summer vacation time so school is closed up to 30<sup>th</sup> of June. New session will start from 1<sup>st</sup> July.

Dear Friends,

We are going to organize a five days yoga retreat from 22<sup>nd</sup> to 26<sup>th</sup> Aug in the Ashram. You are welcome to join us. It will be five days packed with meditation, yoga, Reiki healing, massage, group discussion, service activity, outing etc. The Ashram will provide the accommodation, food, and traveling arrangements. Very soon we will provide you all the details.

Thanking you

For Aghor Foundation

Girish Sharma