

SRI SARVESHWARI TIMES

Vol.VII: No I. AUGUST 1996



Aghoreshwar Bhagwan Ramji

PURIFY YOUR SENSES TO LIVE A MEANINGFUL LIFE

Speaking in a meeting organized at Kumbha Mela on Jan. 13, 1980, Aghoreshwar Baba Bhagwan Ramji said,

This evening has been very pleasant. Sitting in the midst of you I have been able to hear many good thoughts. Many respected people and good souls are present here on this occasion. Just as one lamp may brighten a room, also many lamps can be lit.

Naturally the question arises here as to why only my thoughts be heeded? Every person here thinks and understands quite a bit. We all know what is good for us and what will bring us peace and prosperity. Usually people are told that merely by getting a glimpse of sages and saints or gods and goddesses they can get redemption from bad deeds and crimes. If it were so, a beggar would turn into a rich person by getting a glimpse of a king, and all criminals would be acquitted of their crimes by getting a glimpse of a judge. Friends, it is not so. In reality such thinking is misleading. Equality, good conduct and morality can not be established in a society by such beliefs.

In this context I find that it reasonable to say that every person is a confluence of sight, speech and hearing. If our sight is inauspicious it gives rise to many afflictions. Our sight is not given to us only to look for faults in others. Our ears, hearing many kinds of thoughts and talks from outside, keep us constantly perplexed. In the same way, our speech is not given to us for criticizing others.

If our sight, hearing and speech are not clean, not only others but we ourselves face many afflictions in our lives. Our own misdeeds and crimes of this nature keep us stigmatized and keep following us. As a result we lose our happiness and peace.

Once our sight and speech become clean, and we are not eager to listen to fault-finding or criticism of others, then peace, happiness, consciousness, determination and character become vibrant. In such a state our activities in the morning, mid-day, evening and night undergo a dramatic transformation. All of our thoughts and deeds become pious and glorious.

Although it has nothing to do with us, because of our misunderstanding and false sense of ego, we commit the offense of

criticizing others and take interest in their faults and weaknesses. The only way out of committing such offenses is to begin cleansing our hearing, sight and speech and with determination and continuous practice make them really auspicious.

This human body of ours is craved by many, even by celestial beings. It is in this human body that we come in contact with great beings of our time and can spend some time in their company listening to their thoughts and auspicious speech. All the enlightened beings of our time, including Buddha, spent time **insatsang with sages and saints**. **Even Lord Shiva would come down to the ashrams and hermitages of sages and saints to listen to their discourses.** **Tulsidas has said in the Ramayana, "We are very fortunate to have received this human body."**

The "human body" that Tulsidas has talked about has certain characteristics and attributes. We fail to be in that category of humans because of our weaknesses. The body that we have is busy with someone or some thing else. This habit of ours is committing an offense against ourselves. It is possible that no one saw us doing a bad deed, but our own senses definitely witnessed it. Through such deeds our own senses are not delighted, to say nothing of the reaction of other human beings. Friends! we will have to look into and find the cause for such flaws that dominate our sight and speech and remove them from our lives. It is only then we will satisfy the criteria of the possession of a "human body" that is craved even by the celestial beings.

All the great beings like Buddha, Rama, Krishna, Jesus and Mohammad were born just like ourselves on this earth but they abstained from indulging in their sensory pleasures. Walking on the path shown by the great beings, they maintained the purity of

their senses such as hearing, sight and speech and reached to such heights. Walking on the same path as shown to us by them, we can receive strength and inspiration to fulfill the criteria of becoming a real human being.

The so-called happiness that we indulge in, in reality is not true happiness. We can obtain true happiness only by cleansing our senses through discrimination. It is practical; it is something that we all can do and obtain.

It begins with paying attention. It is much more important to pay attention than to do meditation. Our valuables are being looted every day by our undisciplined senses. We should put a curb on this drainage; otherwise we become a weight to ourselves and to our relatives and society as well.

I hope you will save yourselves from the flaws of sight, hearing and speech, and that you will strive to become a "real human being". I bow to the divine residing within you all and take leave of you.

Aghoreshwara speaks on:

LOVE

- Bodily love is not love. It is merely delusion and attachment. True love arises when this attachment is removed. With seeing the Self in all, arises a special kind of love and it is the true love.**
- Go under the shelter of the teacher of Self-love, who will show you the ever expansive form of the universal love. This teacher**

dwells right in your heart. Seek him being void of ego, you will definitely find him there. The day you meet this teacher dwelling in the temple of your heart, you will come to know that love is God.

- **Compassion and kindness for creatures is illustrative of love.**
- **Love has no place for conventionalism and customs.**
- **Love makes a person to blossom.**
- **One who has no love for living beings can never find love for God either in formless or in idols and symbols.**

SILENCE

- **Silence is the most confidential state of life. The hidden treasure of life is the divine in the form of silence.**
- **State of silence is far superior to speech of any kind, it is auspicious and divine.**
- **Silence is the best japa (repetition of mantra).**
- **Any contemplation done in silence is the best kind of reflection - it enables one to the perception of the Self established in the Divine and the Divine established in the Self.**
- **Silence is the greatest power to guide the self.**
- **Silence of the being absorbed in the Self is the greatest achievement of being in the state of Nirvikar (passionless), niskam (non-doer) and nirpeksha (without expectation). This is the taste of the essence of non-duality.**
- **Having heard the sound of your Self (soul) do not relate it to anyone. Contemplate on the message in your silent moments.**

FEAR AND FEARLESSNESS

- **Be fearful of committing a crime, it will make you fearless.**
- **Do not cover up the earth for the fear of hardship (on your sole) - all you need to do is cover (protect) your feet.**
- **Fear no one but the self, it will lead you towards greatness. This**

is the way of a sadhu.