

# PERSONAL HAVAN (simplified)

## PREPARATION

- Prepare the dhuni: make a Kali Yantra (triangle) on the ground with kumkum or sindur, and place a bowl with large wick in the center inside the triangle.
- Prepare a bowl (with small ladle/spoon) with melted ghee, for offering
- Prepare tray:
  - Achamani
  - Ghee lamp
  - Incense and holder
  - Matches
  - Rice
  - Kumkum (red powder)
  - Sindur (orange powder)
  - Flowers:
    - Offering: 4 (1 for each corner, 1 for sankalpa)
    - Counters: 9

## STEP ONTO ASANA, RIGHT FOOT FIRST

## PRANAYAMA

## ACHAMANI

## SANCTIFY THE DHUNI

- **Water** is sprinkled on each corner while reciting  
*Hring adhar shaktaye namah*
- **Flowers** are offered on each corner while reciting  
*Hring adhar shaktaye pushpam samarpayami*
- **Pinch of rice** is sprinkled on each corner while reciting  
*Hring adhar shaktaye shaktaye achatam samarpayami*
- **Kumkum** is sprinkled on each corner while reciting  
*Hring adhar shaktaye kumkumam samarpayami*
- **Sindur** is sprinkled on each corner while reciting  
*Hring adhar shaktaye sinduram samarpayami*
- **Incense** is offered while reciting  
*Hring adhar shaktaye dhupam samarpayami*
- **Ghee lamp** is offered while reciting  
*Hring adhar shaktaye deepam samarpayami*

## LIGHT THE FIRE:

Light the wick in the bowl while reciting one or both of the following mantras (keep repeating until fire is lit)

*Rang guruve namah*

*Maha Kali Maha Lakshmi Maha Saraswati devyo namah*

## SANKALPA

Take a flower with a sprinkle of rice and a drop of water, and pray to Divine Mother, stating your intention, then set the flower in front of the dhuni.

## OFFERINGS WITH GHEE

- **Puja mantras**
  - **Guru mantras**  
*Sri guru devyo swaha*  
*Sri param guru devyo swaha*  
*Sri adi guru devyo swaha*
  - **Devi mantras (specific to personal guru mantra)**  
(silently, in head)
    - (First seed syllable) *rupay*
    - (Second syllable) *rupay*
    - (Third syllable) *rupay*
    - (out loud): *devyo swaha*
  - **5 offerings to the guru**  
*Rang guruve swaha*
  - **108 offerings with guru mantra**  
Replace *namah* with *swaha*

## CHARGE WATER IN PALM OF HAND

with Guru Mantra, *namah*. Sip the water.

## SPRINKLE WATER AROUND THE DHUNI

*Om shanti shanti shanti*

## ARATI

- Prostrate
- Leave the bowl with ghee and wick in a safe place to burn off slowly (a fireplace or sink, etc.)
- Save remaining ghee for making lamps