



SONOMA ASHRAM

Prayers to the Guru

Akhanda mandlākāram – vyāptam yena charācharam
Tat padam darshitam yena – tasmai shri gurave namah

I bow to the Divine Guru, who reveals the divine being that encircles and permeates the moving and the non-moving.

Agyāna timirāndhasya – gyānānjana shalākayā
Chakshur unmilitam yena – tasmai srī gurave namah

I bow to the divine Guru, who by the application of the collyrium of knowledge opens the eyes of one blinded by the disease of ignorance.

Gurur brahmā gurur vishnur – gurur devo maheshvarah
Gurur sākshāt param brahm – tasmai srī gurave namah

The Guru (preceptor) is no other than Brahma, the creator. The Guru is no other than Vishnu, the preserver. The Guru is no other than the great god Shiva, the destroyer. The Guru is verily Brahman itself.

To the divine Guru I bow.

Chinmayam vyāpitam sarvam- trailokyam sacharācharam
Tat padam darshitam yena- tasmai srī gurave namah

I bow to the divine Guru, by whom is revealed the divine being, the intelligence absolute, that permeates all the worlds with all their objects, moving and non-moving.

Aneka janma samprāpta – karma bandha vidāhine
Āt ma gyāna pradānena – tasmai srī gurave namah.

I bow to the divine guru, who imparts to the disciple the fire of
self-knowledge, and burns away his bonds of karma
accumulated through many births.

Mannāthah srī jagannātho – madguruh srī jagadguruh
Mamātmā sarva bhutātmā – tasmai srī gurave namah.

I bow to the true, divine Guru. He, my Lord, is the Lord of the
universe. He, my Guru, is the Guru of the universe.
He, my Self, is the Self of the universe.

Nityam shuddham nirākāram – nirābhāsam niranjanam
Nitya bodham chidānandam – gurum brahman
namāmyaham

I bow to the Guru, the Brahman, eternal, pure and formless,
self-effulgent, taint- less, ever awake and of the nature of
intelligence and bliss.

Gurur madhye sthitā mātā – mātri madhye sthito guruh
Gururmātā namastestu – mātri gurave namāmyaham

The Divine Mother resides in the heart of the Guru and the Guru
resides in the heart of the Divine Mother. O Guru in the
form of the Divine Mother I bow to you; O Divine Mother
in the form of the Guru I bow to you.

Dhyān mulam gurur murti – pujā mulam guroh padam Mantra
mulam guror vākyam – moksha mulam guro kripā.

The root of meditation is the Guru's form; the root of worship is the
Guru's feet; the root of mantra is the Guru's word; the root of
liberation is the Guru's grace.

Tvameva mātā cha pitā tvameva
Tvameva bandhuscha sakhā tvameva
Tvameva vidyā dravinam tvameva
Tvameva sarvam mum deva deva

You are the mother, father, brother and friend. You are the knowledge
and giver of the knowledge. Oh divine Guru, I bow to you.

pronunciation

ā=long a (bat)	ī=long i (feel)	ū=long u (moon)
ā=long a (bat)	ī=long i (feel)	ū=long u (moon)